

(Daan, Beersma und Borbely 1984)

Test-serif

Test-sans

Test-mono

Literatur

Daan, S., D. G. Beersma und A. A. Borbely (1984). "Timing of human sleep: recovery process gated by a circadian pacemaker". In: *Am J Physiol* 246, S. 161–183.